

ドキュメントの表示

Q&A for those who bring medicines into Japan

Q1. Can I bring any prescription medicine into Japan with me?

A1. You can bring any prescription medicine into Japan with you without any special procedure provided that

- (1) you bring it only for your own personal use
- (2) it is an oral or an external medicine, not an injection,
- (3) it is not any prohibited drug such as Methamphetamine in Japan,
- (4) it is not any specially controlled drug such as a Narcotic in Japan,
- (5) and its quantity is up to one month's supply.

Q2. How can I bring more than one month's supply of any oral or external prescription medicine for my own personal use into Japan with me?

A2. You can bring more than one month's supply of any prescription medicine, except prohibited drugs and specially controlled drugs, only for personal use into Japan with you if you apply for a so-called *Yakkan Shoumei*, which is a kind of import certificate, and receive it before you leave home.

Q3. How can I bring any injection only for my own use into Japan with me?

A3. You can bring only a so-called "Pre-filled Syringe" or "Self-injection Kit" used under the direction of doctor into Japan with you if you apply for a so-called *Yakkan Shoumei*, which is a kind of import certificate, and receive it before you leave home.

Q4. How can I receive a *Yakkan Shoumei*?

A4. You have to submit the application by post. If the Pharmaceutical Inspector can confirm that your application documents are complete and he finds that you speak the truth, he will send you a *Yakkan Shoumei* by post.

Q5. What documents are required in order to apply for a *Yakkan Shoumei*?

A5. The following documents are required in order to apply for a *Yakkan Shoumei*:

- 1) **Import Report of Medication** (with your signature, and needed 2 copies only as to this document), filled in the blank application form according to the sample application document.

2) **Declaration** (with your signature), filled in the blank application form according to the sample application so that your filling may coincide with the Import Report of Medication.

3) **Explanation of the Products** filled in the blank application form according to the sample application document. Alternative documents, pamphlets by manufacturers, etc., can be accepted if they show the descriptions required in Explanation of the Products.

4) **Copy of Prescription** or Direction for medicines with doctor's signature, by which the Pharmaceutical Inspector can confirm the name and the quantity of each medicine only for your own use clearly.

5) Document indicating Arrival Date and Place (i.e. **Copy of Airline Ticket** or Flight Itinerary.)

6) **Return Envelope** with Japanese Postal Stamps required and with the Address where you want to receive a *Yakkan Shoumei*. (A *Coupon -Réponse International* can be obtained at a US Post Office instead of Japanese Postal Stamps. The Return Envelope needs to be at least 14 ~ 23.5 cm by 9 ~ 12 cm.

Q6. Where do I submit the application documents for a *Yakkan Shoumei* by post?

A6. If you arrive at **Narita International Airport**, you may submit the application documents to our office. The following is our address:

Pharmaceutical Inspector
Section of Inspection and Guidance,
Kanto-Shin'etsu Regional Bureau,
Ministry of Health, Labour and Welfare
Saitama-shintoshin Godochosha 1, 7th floor,
1-1 Shintoshin, Chuo-ku, Saitama City, Saitama Prefecture

JAPAN 330-9713

If you arrive at **Kansai International Airport** or **Chubu International Airport**, you must submit the application to the Kinki Regional Bureau. The following is their address:

Pharmaceutical Inspector
Section of Inspection and Guidance,
Kinki Regional Bureau,
Ministry of Health, Labour and Welfare,
Osaka Godochosha 4, 3th floor,
4-1-76 Ohtemae, Chuou-ku, Osaka City, Osaka Prefecture

JAPAN 540-0008

Q7. What do I do once I have received a *Yakkan Shoumei*?

A7. A *Yakkan Shoumei* consists of one of your original Import Report of Medication where one of the Pharmaceutical Inspectors on has stamped it with a blue stamp, has numbers, red-seals and his name.

You have to bring the *Yakkan Shoumei* with your medicines in order to show it to Customs on request when you arrive in Japan. It will be valid only when your luggage contents are the same as indicated on the *Yakkan Shoumei*. You have to take care never to correct the *Yakkan Shoumei*, or it will become invalid.

Q8. How long does it take to receive a *Yakkan Shoumei*?

A8. It depends on the completeness of your application documents and days by post required. If you are in North America, Europe or Australia, they say that it takes the application documents about a week to reach Japan by post and it takes a *Yakkan Shoumei* about a week to reach you by post.

So it usually takes about two weeks total to receive a *Yakkan Shoumei*, assuming your application documents are complete.

Q9. What shall I do, if my application is rejected because of lacks of documents or fillings required?

A9. If your application documents are not complete, the Pharmaceutical Inspector may request the additional or revised documents. If you show your fax number, you can receive his request more rapidly.

Q10. How can I bring Narcotics if I need them by all means in order to treat my disease?

A10. If you need to bring Narcotics (Hydrocodone, Fentanyl, etc.) into Japan with you by all means in order to treat your disease, you have to apply for a Special Certificate issued by the Minister for Health, Labour and Welfare, Narcotics Control Department, which are the Special Police for Narcotics and receive it before you leave home.

If you are found with Narcotics in Japan without a Special Certificate issued by the Minister for Health, Labour and Welfare, you can be arrested on the spot, immediately, without a warrant.

If you arrive at Narita International Airport, you can contact the following:

Narcotics Control Department,
Kanto-Shin'etsu Regional Bureau,
Ministry of Health, Labour and Welfare
TEL: +81- 3 - 3512-8688
FAX: +81- 3 - 3512-8689

Q11. Is Codeine Phosphate considered a Narcotic in Japan?

A11. Any medicine containing more than 1% Codeine Phosphate is defined as a Narcotic in Japan.

Q12. Can I bring a stimulant into Japan with me?

A12. Any medicine containing Methamphetamine or Amphetamine is defined as a "Prohibited Stimulant" and is strictly restricted in Japan. Nobody can bring any medicine containing Methamphetamine or Amphetamine into Japan. If you are found with any medicine containing Methamphetamine or Amphetamine illegally in Japan, you can be arrested on the spot, immediately, without a warrant.

Q13. Can I bring Pseudoephedrine (Sudafed®) into Japan with me?

A13. Any medicine containing more than 10 % Pseudoephedrine is defined as a Stimulant Raw Material in Japan and you cannot bring it into Japan.

Q14. What shall I do, if I have further questions regarding medicines which I am bringing into Japan with me?

A14. Please contact any Pharmaceutical Inspector in our office by fax at:

+81-48-601-1336